Studies in Humanities and Social Sciences, Vol. V, No. 1, 1998, pp. 57-66

Semantics of Dharma

V. KUTUMBA SASTRY Pondicherry University Pondicherry

The term dharma is unique in many ways. It is a word well understood and frequently used aptly by common people and yet found impossible to give a straightforward definition by the scholars. It is a word which signifies the law and force of regulation behind the movement of planets, stars and galaxies and yet signifies duty of any petty professional of this tiny earth. It is a word which is explained as the unseen cause behind rhythm and rhyme of the universe and yet is explained as the unseen cause for the behavior of a barber not to cut the throat of his customer while shaving. It is a word to explain which several hundreds of books of Dharmaśātras, Purānas and Itihāsas were written and yet which remained unintelligible and unclear. It is a word which signified such principles, every one of which, at one time or the other, is clearly violated by people and yet such violation is also cited to be signified by it. It is a word which signified, at one and the same time, the universal principles and the sectarian principles. It is a word which defies any attempt to translate it into any other language both Indian and non-Indian.

According to the Samskrit grammar of Pānini, the etymology of the word dharma is as follows. It is a derivative form from root dhrn of bhvādigana, meaning either to sustain, or to uphold, or to support or to wear. It is derived by adding the unadi suffix 'man' as per the unadisutra 1-140. Most of the commentators explaining this word show its etymology as a principle which sustains the entire cosmos or a principle upheld by the people at large.¹ It is both in the masculine and neuter gender, though its use in the masculine gender is quite frequent. It is an a-ending (akārānta) word when it is used independently. However, sometimes when it is used in compounds it is seen as n-ending (nakārānta) word. In the Vedic literature, however, it is used as a n-ending word even when it is used independently. This fact gives us a clue that originally the word dharma used to have both a-ending forms as well as n-ending forms, but in due course of time the n-ending forms disappeared from usage in classical Samskrit language, while being retained, of course, in the compounds. Anyway, we need not show our concern towards these peculiarities as they do not have any bearing on its semantics.

A thorough understanding of the etymology of the term dharma helps us to understand its basic underlying character which runs through the several shades of meanings it expresses. The sharp and enlightened intuitive mind of great Indians of yore was able to see an underlying power and principle behind the order and rhythm of the cosmos, seasons, the planets and their movement, the day and the night, the behavior of the animal kingdom and humans and, for that matter, behind every thing in nature. They understood that it is that power and that principle which enabled the order and rhythm to continue. They named it dharma on the basis of its etymology 'dharati lokān iti' (dharma because it sustains and holds up the worlds). Seen from this point of view, it seems very clear what dharma is and what is its nature: but, it eludes definite grasp since it is an abstract idea. They also grasped the exclusive characteristics and the principle responsible for the existence and sustenance of each and every minute component of the nature around us and named them also as dharma for obvious reasons of etymological significance of the term. To give light and heat is the dharma of the sun, to flow and to soak is the dharma of water. The principle which sustains, maintains or regulates human society and its various classes also came to be known as dharma. Hence, the varnadharmas, āśramadharmas, rājadharmas, manusyadharmas and so on so forth. Dharma of the learned persons, dharma of the servants, dharma of various professionals so on and so forth. It may be noticed and appreciated that in all such cases the basic characteristic of being a power and principle of sustenance and holding up', which is reflected in the etymology of the term dharma, is common. This dynamic principle which sustains the worlds and their order is first termed as rtain the Vedic literature. Varuna is said to be the god of the rta. He is well known as the law-giver and as the god of the order of the cosmos and the seasons. Hence, the term rta meant the order of the worlds in the Vedic literature.

Of course, the intuitive mind of *maharşis* did not stop with the apprehension of this dynamic principle *dharma*. It saw yet another still basic and still fundamental principle which is unchangeable in its nature because of which the changeable regulative principle (*dharma*) continued its sway. It is termed as *satya*. This is clearly stated in a *mantra* of the *Rgveda*.²

Satya is the unchangeable primordial cause of the origination, sustenance and involution of the entire universe, whereas *ita* is the changeable primordial principle which holds up, sustains and regulates the universe. Satya is the cause of the universe whereas *ita* is the rhythm of it. In the later literature, the term Brahman replaced the term satya and

Semantics of Dharma

the term *dharma* replaced the term *rta*. However, it may be noted that both the terms *dharma* and *rta* are frequently used in the *Rgveda*, which is supposed to be the earliest Vedic text. They were used more or less as synonyms in the post-*Rgveda* Vedic literature too. But, in the post-Vedic literature, i.e. in the Smrti and Purāņa texts, use of the term *rta* slowly decreased and subsequently disappeared.

Realization of Brahman is the liberation (moksa) whereas rigorous and meticulous observance of dharma leads to the orderly well-being of the individual, society and the world at large. Realization of Brahman, obviously, is of the nature of jnana whereas observance of dharma is of the nature of karman. Thus, the entire life, activity and the ends of the individual, society and the world as a whole is placed between these two higher goals, dharma on one side and moksa on the other. Such life, activity and the ends of the individual, the society and the world as a whole is divided into two categories, namely, artha and kāma. Thus result four purusarthas, four ends of humanity, namely, dharma, artha, kāma and moksa. It may be noticed that artha and kāma are fixed in between dharma and moksa thus making a hint that artha and kāma are purusārthas so long only as they do not violate the principles of dharma and remain congenial to moksa. Thus says Bhagavan Śrikrsna that he is of the nature of such kāma which does not violate dharma.3 Thus, the life is put in between karman and Brahman.

Though the understanding of the nature of *dharma* appears to be very clear and simple on the basis of understanding the etymology of the term *dharma*, it is too complicated and elusive on account of the fact that it cannot be uniform and single but countlessly varied. Though it is one and uniform in its essential nature, it is countless and varied in its details. That is why *dharma* is the concept which was discussed at length in Indian thought. Dr. Radhakrishnan says,⁴ 'Next to the category of reality, that of *dharma* is the most important concept in Indian thought'.

On account of the varied nature of the details of the principle *dharma*, the term came to have several meanings. The meanings are so varied and diverse in their nature that they could not be brought under any single classification and hence the difficulty of defining the term. P.T. Raju in his glossary of Indian philosophical terms identifies the following meanings of the term:⁵ 'Dharma, law, nature, rule, ideal, norm, quality, entity, truth, element, category'. K.V. Rangaswamy Iyengar write,⁶ 'Dharma is used in so many senses that it eludes definition. It stands for nature, intrinsic quality, civil and moral law, justice, virtue, merit, duty and morality'. J.A.B. van Buitenen writes,⁷ 'It is as difficult to define *dharma* in terms of western thought as it is to define "culture" in

V. KUTUMBA SASTRY

Sanskrit, and for the same reason both are all comprising terms including institutions, away of thinking and living, accomplishments, characteristic of people.' Heinrich Zimmer opines⁸ that the term *dharma* 'comprises the whole context of religious and moral duties, but considerable misunderstanding results from the frequent rendering of *dharma* simply as "religion ". Paul Masson comments,⁹ 'The distinction of religion and law can be justified only from the European point of view, the two notions are one in the Indian *dharma*.'

Apart from the etymology, we have yet another source to grasp the meaning of the term *dharma*. For our great advantage, the term is frequently used in all the divisions of Samskrit literature starting from the earliest work the *Rgveda*. By analyzing the contextual meaning where it is used, we can grasp its meaning in a better way. P.V. Kane, the doyen of the studies in *Dharmaśāstra* has exactly used this method. According to him,¹⁰ the term *dharma* is used:

1) In the sense of 'upholder or supporter or sustainer 'in the Rg. 1.187.1 and X.92.2

2) It is used in the sense of 'religious ordinances and rites' in the Rg. I.22.18, V.26.6, VIII.43.24, IX.64.1. and where refrain 'tāni dharmāni prathamānyāsan' in the Rgveda I.164.43-50, and X.90.16. He also identifies significant combination of words such as 'prathama-dharma' in sense of the primeval or first ordinances in the Rg. III. 17.1. and X.56.3., 'sanatā dharmāni' in the sense of ancient ordinances in the Rg. III. 17.1. and X.56.3., 'sanatā dharmāni' in the sense of ancient ordinances in the Rg. III. 3.1

3) In the Rg. IV.53.3.,V.63.7.,VI.70.1., and VII.89.5. the term *dharma* is used not in the sense of 'religious rites' but in the sense of 'fixed principles or rules of conduct.'

4) In the Atharvaveda. XI.9. 17 it is used in the sense of 'merit acquired by the performance of religious rites.'

5) In the *Itareyabrāhmaņa*. VII.17. it is used in an abstract sense viz. 'the whole body of religious (and moral?) duties'.

6) In the Chandogya Upanişad II.23.1. it is used in the sense of āśramadharmas. It states, 'there are three branches of dharma, one is (constituted by) sacrifice, study and charity, (i.e. the stage of householder); the second (is constituted by) austerities (i.e. the stage of being a hermit); the third is the brahmacārin dwelling in the house of his teacher and making himself stay with the family of his teacher till the last, all these attain to the worlds of meritorious men; One who abides firmly in Brahman attains immortality.'

P.V. Kane remarks in conclusion that:11 'The foregoing brief discussion

Semantics of Dharma

establishes how the word dharma passed through several transitions of meaning and how ultimately its most prominent significance came to be 'the privileges, duties and obligations of a man, his standard of conduct as a member of the Aryan community, as member of one of the castes, as person in a particular stage of life.' It is in this sense that the word seems to be used in the well-known exhortation to the pupil contained in the Taittiriyopanisad (I.11) 'speak truth, practice dharma'. It is in the same sense that the Bhagavadgita uses the word dharma in an oft-quoted verse.12 It is employed in this sense in the Dharmaśāstra literature. The Manusmrti (I.2) tells us that the sages requested Manu to impart instruction in the dharmas of all the varnas. The Yājñavalkya Smrti (I.1) employs it in the same sense. In the Tantravārtika also we are told that all the dharmasūtras are concerned with imparting instruction in the dharmas of varnas and āśramas.13 Medhātithi commenting on Manu says that the expounders of smrtis dilate upon dharma as five fold e.g. 'varnadharma, āśramadharma, varnāśramadharma, naimittikadharma (such as prāyścitta) and guņadharma' (the duty of crowned king, whether Ksatriya or not, is to protect).14

Apart from the analysis of the contextual meaning of the term dharma as understood from its usage, we have yet another source for understanding the meaning of the term, namely, definitions. For example, Jaimini defines dharma as 'a desirable goal or result that is indicated by injunctive (Vedic) passages'.15 The word dharma would mean such rites as are conducive to happiness and are enjoined by Vedic passages, istasādhanatā is the meaning of injunctive suffix. Kanāda defines the term as 'that from which results happiness and final beatitude.'16 Harita defines it as 'śrutipramānaka' (based on revelation).17 Śabara says, 'whatever is means to the well-being of humanity and the world at large is dharma.18 The same is said in the Bhavisyapurāna. 19 The Taittirīyaśruti says, 'dharmais the sustainer of entire universe, people approach a person who is set in dharma. By dharma one washes away the sins'.20 Visvāmitra defines dharma as follows: 'Dharma is that performance of which is appreciated by the learned and proficient in the agamas. Adharma is that which is condemned by them'21.

There are several other more or less one-sided definitions of dharma such as 'ahimsā paramo dharmaḥ' (Anuśāsanaparvan, 115.1), 'ānṛśamsyam paro dharmaḥ' (Vanaparvan, 373.76) 'ācāraḥ paramo dharmaḥ' (Manu, 1.108)

In the Buddhist tradition, the term *dharma* stands for 'the whole teaching of Buddha' (B.B.E. Vol. X p. XXXIII) and for 'an element of existence, i.e. of matter, mind and force'.²²

In most of the regional languages of India, two expressions are in

common usage amongst people at large. Whenever any petty quarrel takes place on account of cheating, one usually says to the other, 'Does it appeal *dharma* to you?' Similarly at an advanced stage of the quarrel quite often one says to the other, 'Do whatever you consider it to be *dharma*'. Such popular usage of the term *dharma* is very frequent. This, too, helps us to develop an insight into the nuances of the usage of the term '*dharma*'.

The above analysis of etymology, usage and definitions of the term *dharma* only confirms our view that though it is easy to comprehend, it is rather difficult to define. The vast varieties of its meaning cannot be brought under one umbrella. Mackenzie Brown says, '*dharma* is more than laws for it is what underlies law and creates law in the universe. Basic to *dharma* is this view of order or law pervasive in the universe. '2³ Betty Heimann isolates five meanings of *dharma* centering around a concept of fixed position:²⁴ (1) fixed position of duty, (2) right, (3) religious observance, (4) secular law or one's legal status in the community and (5) a general principle or law of nature. The underlying concept she finds to be everything which is fixed and to which an individual is bound. Van Buitenen says that '*dharma* is all that activity that a man, if he is to live fittingly, is required to contribute to the fixed order of things, to the norm of the universe, which is good and should not be altered'.²⁵

Another interesting aspect of *dharma* is that it is divided into several divisions such as *sādhāraṇadharma* (general *dharma*) and *viśeṣadharma* (particular *dharma*) *sanātana dharma* (eternal *dharma*) *apavāda dharma* including *āpad dharma* (emergency *dharma*) so on and so forth. On account of this, what is *dharma* under one division is perceived not to be so under another division. Non-injury (*ahimsā*) which is one of the important component of *sanātana dharma* is quite often violated by the Kṣatriyas and others under various circumstances. Yet, such violation also came to be recognized as *dharma*. Thus the entire exercise of the *Bhagavadgītā* is to induce Arjuna to wage a war which is considered to be the highest *dharma*.

Therefore, *ahimsā* which is supposed to be a very basic *dharma* is also a relative concept, not applicable to all living beings in a single manner. That is why we have the saying '*ahimsā paramo dharmaḥ*' on one hand and on the other hand another contradicting saying, '*jīvo jīvasya jīvanam*'.

In fact, the etymological sense of the term 'dharma' gets violated if we perceive ahimsā as an absolute dharma, because, it is not possible for animals to sustain themselves without himsa. It is so to a large extent with humans too. To prepare life-saving medicines and conduct research in biological sciences, untold himsā on rats and rabbits in unavoidable. For Arjuna also $hims\bar{a}$ is unavoidable in the battle of Kurukşetra, after every effort for peaceful co-existence failed, in the light of the long story narrated in the previous five *parvans*. Therefore, in these cases, the *himsā* is considered not as *himsā*.

Another important sādharaņadharma or sanātana dharma is to speak the truth: 'satyam vada', says the Upanişad. There are several illustrations in the Purāņas and Itihāsas glorifying the act of speaking the truth. Even with regard to such a fundamental dharma there are several exceptions which are quite obvious.

satyam brūyāt priyam brūyāt na brūyāt satyamapriyam | priyam ca nānŗtam brūyāt eṣa dharmassanātanah ||

'One should speak the truth. One should speak about such things which are pleasant to hear. One should not speak the truth which is not pleasant, neither should one speak lie which is pleasant.'

This dictum is captioned at the end as 'sanātana dharma'.

Hence, *dharma* is neither uniform nor absolute nor static according to Hindu tradition. It varies from situation to situation, age to age, caste to caste so on and so forth. That is why it is to be judged very carefully. Several books such as the *Mahābhārata*, the *Rāmāyaṇa* and numerous *Purāṇas* came into being precisely to explain the complexity of *dharma*. They declared that the ways of *dharma* are, indeed, hard to comprehend (*dharmasya tattvam nihitam guhāyām*).

However, it is interesting to note that the etymological meaning of the term holds good, in each and every minute shade of the meaning of the term *dharma*. Sanātana dharmas and sādhāraņa dharmas are dharmas on account of their role in sustaining the humanity and its values. Caste *dharmas* and āśramadharmas are also perceived to be the upholding principles to sustain that particular caste or āśrama. The apavāda dharma, which often appears to be a violation of dharma, is also aimed at sustaining the community or humanity when it is closely observed. Thus, a common definition to all sorts of dharmas is possible only on the basis of its etymology, however loose such definition may be. Hence, it is said, that dharma is called dharma because it sustains and upholds the individual, society and the world at large (dhāraṇāt dharma ityāhuḥ dharmo dhārayate prajāḥ).

Now, I look back at the apparent dichotomy between sādhārana dharmas and the višeşadharmas and make a few observations which I consider to be of greater relevance. It is usually said 'there is an exception for every law'. It holds good with regard to dharma also. Humanity is so large and complex in nature that no universal law can be made to bring an order into it. Hence, it is necessary to identify certain values of life to be values of very high order and universally applicable at all given points of time. Surely, *ahimsā* (non-injury) *satya* (truth) *asteya* (non-stealing) etc. are such *dharmas* that no one would contend their position and relevance at any given time. But, within the framework consisting of such principles, we have to make provision for their violation also, so as to suit the exigencies of context. Such provisions are called *viśeṣadharmas*. For example *himsā* is unavoidable for fisherman, for butchers, for Kṣatriyas, and for Brāhmins also during sacrifices. For all of these, to fulfill their occupational obligation *himsā* becomes unavoidable. Hence, *viśeṣadharma* prevails over the *sādhāraṇadharma*. Further, if *viśeṣadharma* does not prevail over *sādhāraṇadharma*, it looses its application in all cases, and as a consequence, it looses its significance being codified as *dharma*.

In my opinion, the Mahābhārata story and various episodes in it will be better intelligible if we consider them to be viśeṣadharmas. However, in several of its discourses, it deals with the sādhāraṇadharmas. Violation of principles like ahimsā, compassion and considerations of being teachers, grandfathers, kith and kin is held to be dharma in the context of the Kurukṣetra war. This is clearly one of the main teachings of the Bhagavadgītā.

Coming to the point of *varṇadharma*s, we should understand them also as a kind of *viśeṣadharma*s prevailing over the *sādhāraṇadharma*s. That is why, it is accepted that the butcher does not violate the principle of *ahimsā* as long as he kills animals for his occupational obligations. At the same time, he is considered to have violated the principle of *ahimsā*, if he murders a human. Therefore, murder as such is neither *himsā* nor *ahimsā*, but it is assessed to be *himsa* or *ahimsā* on the basis of its context. Unless we maintain this position, we cannot explain the wars of liberation and capital punishments. Nor can our Marxist-extremist friends justify their killing of the bourgeoisie. The discriminatory punishment given by the judges to murderers who have committed the crime under different circumstances would be similarly unjustifiable.

Just as ethics is classified into various categories, such as, ethics of doctors and other professionals, ethics of businessmen, ethics of politics etc., *dharma* is also classified as *varṇadharmas*, *āśramadharmas* etc. We should be very clear that all these *dharmas* of *varṇa* (caste) *āśrama* are mere arrangements (*vyavasthā*) to bring an order into the society and to protect the interests of all the castes. They are like different parts of a single piece of land carefully bifurcated by the farmer into small plots so that water would irrigate and nourish them equally. It is obvious that in

the absence of such internal boundaries, the entire water would flow swiftly down to the lowest part of the land. As a consequence, only the plants in that lowest part would get nourishment while the rest would be deprived of it.

An interesting feature of varnadharmas is that the more one community or caste holds responsibility towards society, the greater are the sanctions of dharma upon it. Thus, in the Dharmaśātras the highest number of dos and don'ts are prescribed for the Brāhmin community. Next comes the case of Kṣatriyas, followed by Vaiśyas. Among all the varnas, the lowest number of dos and don'ts are prescribed for Śūdras. The greater number of prescriptions for women in the smrti texts should also be construed similarly. Likewise, brāhmacārins have fewer sanctions than all other āśramas, while the grhasthas have the most. This is the textual position. Of course, deviations from the text did occur in practice. These, however, only point towards human weakness rather than to the in-built nature of the system. Various movements of Bhakti and the preachings of hundreds of sants, gurus, and svāmis have continuously and successfully rectified the social evils in India throughout the centuries.

Therefore, arrangements towards social order (*vyavasthas*) keep on changing according to the necessities of the society. If we carefully study the texts of *Dharmaśāstras* in a historical perspective, it is evident that these details of *varṇadharmas* went on changing periodically. In the light of the spirit of the *Dharmaśātras*, there is every scope for throwing out the existing *vyavasthā*, and for bringing in a new one provided such new *vyavasthā* should satisfy the etymological sense of the term *dharma* and should result in sustaining the society and social order. We should remember that we require people who are totally disinterested and detached from the bondages of society; who keep a distance from it and yet have an in-depth vision of humanity and its welfare; whose minds are not influenced by temporary, contextual, socio-politico-economic exegencies. We need people who are, in short, *jīvanmuktas* (comparable to the *maharṣis* who wrote the *Dharmaśātras*) as architects to build such a new *vyavasthā*.

How many such people are there in and around us? This question deserves to be pondered over.

NOTES AND REFERENCES

- 1. 'dharati lokān, dhriyate vā janaiķ iti dharmaķ'. Sudhā on the Amarakośa.
- 'rtam ca satyam cābhīddhāt tapasodhyajāyata/tato rātryajāyata tatassamudro arnavah/ samudrādarnavādadhi samvatsaro ajāyata/ahorātrāņi vidadhadvišvasya mişato vasī/

sūryā candramasau dhātā yathāpūrvamakalpayat/divam ca pṛthivīm cāntarikṣamatho svah. Ŗgveda, 10.190.1-3

- 3. 'dharmāviruddho bhuteşu kāmosmi bharatarşabha'. Bhagavadgītā, 7.11
- Dr. S. Radhakrishnan, Indian Philosophy, George Allen & Unwin, London, 1923-27, Vol. I, p. 52.
- P.T. Raju, *Idealistic Thought of India*, Harvard University Press, Cambridge, 1953, p. 445.
- K.V. Rangaswami Aiyangar, Some Aspects of the Hindu View of Life According to Dharmaśāstra, Oriental Institute, Baroda, 1952, p. 63.
- J.A.B. van Buitenen, 'Dharma and Mokşa', Philosophy East and West, 7, 1957, p. 33-40.
- 8. Heinrich Zimmer, *Philosophies of India*, Joseph Campbell (Ed.), Pantheon Books, New York, 1951, p. 40.
- Paul Masson-Oursel, Ancient India and Indian Civilisation, Kegan Paul, Trench, Trubner & Co, London, 1934, p. 71.
- 10. P.V. Kane, History of Dharmaśāstra, Bhandarkar Oriental Research Institute, Poona, 1930, pp. 1-4.
- 11. Ibid.
- 12. 'svadharme nidhanam śreyah paradharmo bhayāvahah', Bhagavadgītā, 3.35.
- 'sarvadharmasūtrāņām varņāśramadharmopadeśitvāt', Tantravārttika, p. 237. As quoted by P.V. Kane.
- 14. See P.V. Kane, History of Dharmaśāstra, pp. 1-4.
- 15. 'codanālaksaņortho dharmah'. Mimāmsādaršanam, 1.1.2.
- 'athāto dharmam vyākhyāsyāmaḥ / yatobhyudayaniśśreyasasiddhiḥ sa dharmaḥ'. Vaišeşikadarśanam, 1.1.1-2
- 'athāto dharmam vyākhyāsyāmah /śrutiprmāņako dharmah / śrutiśca dvidhā vaidikī tāntrikī ca. Quoted by Kullūka on Manusmrti 2.1.
- 18. 'ya eva śreyaskarah sa eva dharmasabdenocyate/ Mīmāmsādaršanam with Sābarabhāşyam, Vol. 1, Anandasrama Press, Poona, 1976, p. 20.
- 'dharmah śreyah samuddiştam śreyobhyudayasādhanam'. Bhavişyapurānam. As quoted in the Vācaspatyam.
- 20. 'dharmo viśvasya jagatah pratisthā/loke dhrmistham prajāh upasarpanti/dharmeņa pāpamapanudati.' As quoted in the Vācaspatyam.
- 21. 'yamāryāh kriyamāņam hi śamsantyāgamavedinah/sa dharmoyam, vigarhanti tamadharmam pracakşate// As quoted in the Vācaspatyam.
- Vide. Dr. Stekerbatsky's monograph on the central conception of Buddhism, 1923, p. 73.
- Donald Mackenzie Brown, The White Umbrella: Indian Political Thought from Manu to Gandhi, University of California Press, Berkeley & Los Angeles, 1953. p. 15.
- 24. Betty Heimann, Indian and Western Philosophy: A Study in Contrasts, George Allen & Unwin, London, 1937, p. 68.
- 25. J.A.B. van Buitenen, 'Dharma and Mokşa', p. 36.