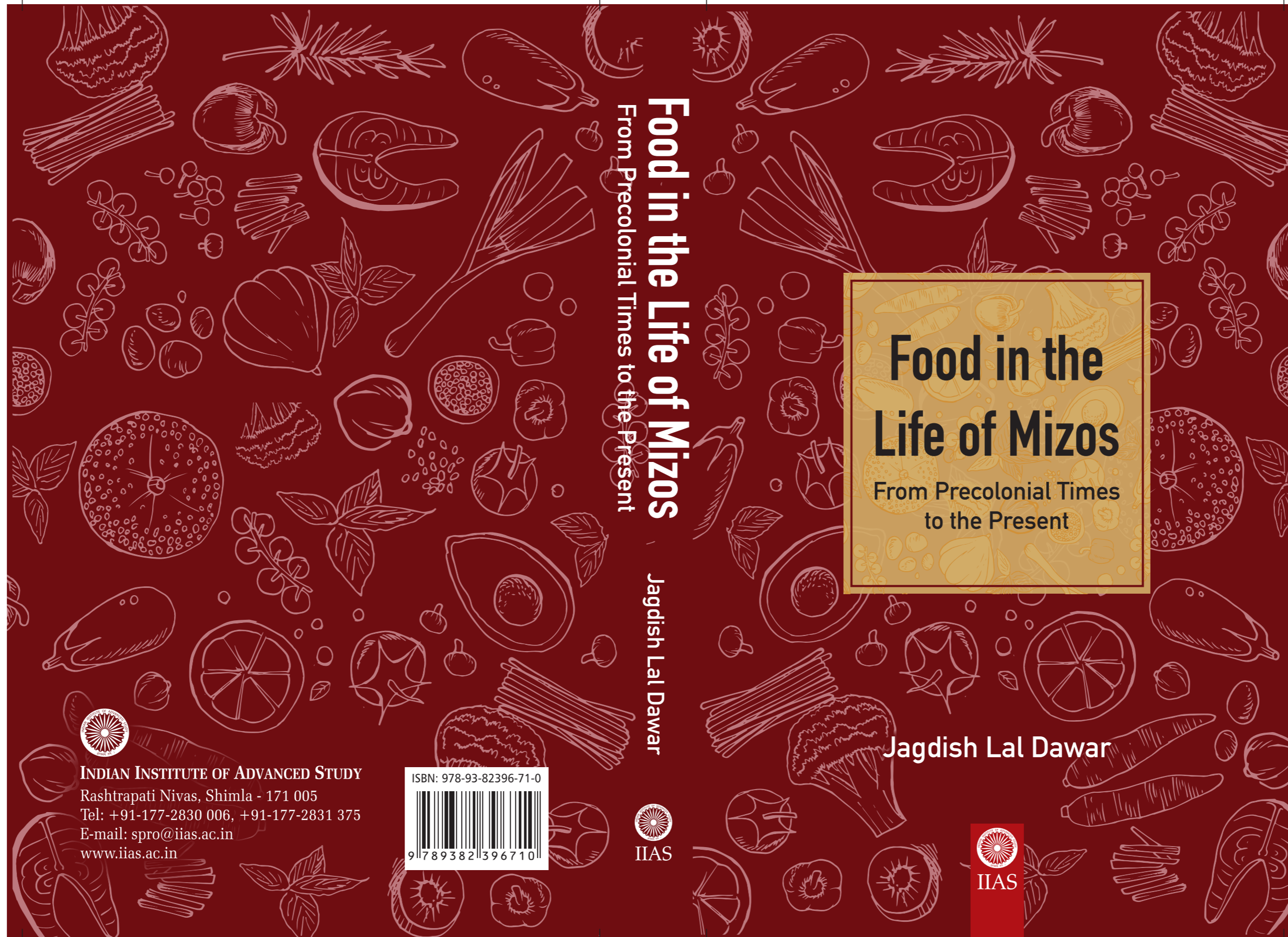


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Food in the Life of Mizos
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This book is about production, distribution and consumption of food and impediments to these due to natural and political forces since nineteenth century in Mizoram to the present. While the focus is on Mizo food consumption practices, this study is a broad negotiation with colonial and post-colonial modernity, where in, bakery products, milk and restaurants etc. represented sites of such modernity with which the Mizo people transacted and constructed a Mizo version of modernity.

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